

BOTOX COSMETIC INJECTIONS

POST PROCEDURE INSTRUCTIONS

- Do not lie down for the first four hours following a treatment.
- Do not exercise right after treatment. You can resume exercise the next day.
- Do not massage or manipulate the injection site for 48 hours after injection.
- Animate the muscles that were treated for the next 1 to 2 hours, as this may help the neuromodulator to take effect.
- If bruising occurs, it may be covered up with makeup. Bruises usually resolve in just a few days, but may take up to two weeks.
- o It will take 4 to 7 days for you to see results, and up to two weeks for peak effect.
- If after two weeks, you have any concerns or are not satisfied with the results, please contact us.
- Appointments are ideally scheduled three months apart for the first three treatments. After that, the interval between appointments can sometimes vary in length depending on your response to treatment. Try to come in before you return completely to baseline. We find that this may improve and maintain the results longer in subsequent treatments.

IF YOU EXPERIENCE SEVERE PAIN, DEEP WHITE OR BLUISH AREAS, OR HAVE ANY QUESTIONS OR CONCERNS, PLEASE CONTACT US IMMEDIATELY. WE ARE HAPPY TO SPEAK WITH YOU ANYTIME AT 941.486.1404.