

AFTERCARE INSTRUCTIONS

FOR PATIENTS OF:
MONICA L. WALKER, M.D.

POST-PROCEDURE INSTRUCTIONS FOR:

- | | |
|---|----------------------------------|
| <input type="checkbox"/> CRYOTHERAPY (freeze with nitrogen) | <input type="checkbox"/> BIOPSY |
| <input type="checkbox"/> ED&C (scrape and burn) | <input type="checkbox"/> SURGERY |

- Gently wash area daily with antibacterial soap and water.
- Apply polysporin ointment to wound(s) once daily.
- Cover with a bandage (consider Nexcare waterproof bandages for small areas).
- For best healing results, and to minimize scarring, continue to care for and cover treated area until the top layer of skin has completely healed or until sutures are removed.
- No swimming in pool or ocean until healed.
- You **DO NOT** need a bandage for cryotherapy (freezing). Areas that were frozen may blister and become red, which is normal. **DO NOT** pop the blisters. If the blisters do pop early, treat with ointment, and bandage as described above.
- After 24 hours, if the area appears infected (red, warm, swollen, tender or draining) please contact the office immediately at 941-486-1404.